

Dorothy Dalgliesh School

www.dorothydalgliesh.ca

Welcome Back 2021

Message from the Principal



Welcome back to all our returning families and a warm welcome to our new families! I am excited to be your new principal and look forward to getting to know you. For the past four years I have been the principal at John Davidson School in Coaldale and am honoured to take on the role of

principal at DDS. I'm also a mom to two sweet kids, Declan (8yrs) and Emma (6). I am committed to cultivating love, belonging, and joy for all kids each and every day.

I am pleased to announce that Jessica Hemstreet has joined our staff in the role of Learning Support Teacher. Miss. Hemstreet will also be teaching each DDS student Art. Her classroom is the former computer lab. We look forward to celebrating and showcasing the amazing talent our students have!

Last spring, our schoolyard was resodded and work is currently underway to install a fence around the perimeter. It looks amazing! Our students are so fortunate to have so many wonderful places to play. We are looking forward to many outdoor events and gatherings in the future.

The school was once again successful in obtaining a Nutrition Grant that will allow us to provide breakfast for each students every day during the school year. This program was part of the Health and Wellness Initiative to teach students about healthy food choices.

Parents and guardians are invited to join us virtually on September 13th at 3:45- for our school council meeting. Attending these meetings is the best way to have a voice in your child's education at DDS. I look forward to a wonderful year of collaboration and learning ahead!

Yours in learning,

Crystal McGregor



September 2021

<u>Just a reminder that we are a</u> **PEANUT SENSITIVE SCHOOL.**

Please do not send anything to school with your child that contains peanuts.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Septen **	mber		1	2	3	4
5	6 Holiday No School	7	8	9	10	11
12	13 Parent Council Virtual Meeting 3:45 PM	14	15	16	17 Kindergarten Day Terry Fox Run	18
19	20	21	22	23	24 PD Day No School for Students	25
26	27	28	29 Orange Shirt Day In Honour of the Indigenous Communities	30 NO SCHOOL National Day for Truth and Reconciliation	Eve Chi Matt	ild



HOME AND SCHOOL VIRTUAL MEETING

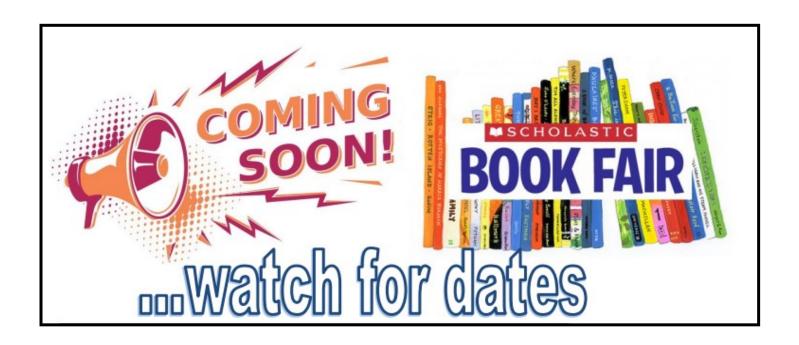
Monday September 13, 2021

Come join parent council virtually for our first meet of the school year on Monday September 13 at 3:45.

Meetings are approximately 30 minutes and include updates about the school, activities and news from Palliser.

For more information, please contact Michelle at: jmmarti@shaw.ca

We hope see you there!



Word of the Month: Courage

Courage is the ability to do something difficult even when there's risk. ... It gives kids the confidence to be themselves, risk their own social status to stand up for others, and share their work even in the face of criticism. Some kids like to take bold action to test their courage; some kids take it gradually.

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support Albertans in protecting others and reducing the risk of transmission of COVID-19. Adults 18 years and older can complete this checklist every day to self-monitor for symptoms of COVID-19.

If you have traveled outside Canada in the last 14 days, follow the <u>Government of Canada Travel, Testing</u>.

<u>Quarantine and Borders</u> instructions, including any requirements for exempt travelers related to attending high-risk environments.

Screening Questions for Adults 18 Years and Older:

1.	Do you have any new onset (or worsening) of the following symptoms:		
	Fever	YES	NO
	Cough	YES	NO
	Shortness of breath	YES	NO
	Runny nose	YES	NO
	Sore throat	YES	NO
	Chills	YES	NO
	Painful swallowing	YES	NO
	Nasal congestion	YES	NO
	Feeling unwell / fatigued	YES	NO
	Nausea / vomiting / diarrhea	YES	ОИ
	Unexplained loss of appetite	YES	ОИ
	 Loss of sense of taste or smell 	YES	NO
	Muscle / joint aches	YES	NO
	Headache	YES	NO
	 Conjunctivitis (commonly known as pink eye) 	YES	NO

If you answered "YES" to any symptom:

- · Stay home.
- Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.
- Individuals with fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell
 are required to isolate for 10 days as per <u>CMOH Order 39-2021</u> OR receive a negative COVID-19 test and
 feel better before returning to activities.

If you answered "NO":

· You may attend work, school, and/or other activities.



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the <u>Government of Canada Travel, Testing,</u>
<u>Quarantine and Borders</u> instructions, including any requirements for exempt travelers related to attending high-risk environments.

Screening Questions for Children under 18:

Does the child have any new onset (or worsening) of the following core sy	mptom	s:
Fever	YES	NO
Temperature of 38 degrees Celsius or higher		
Cough	YES	NO
Continuous, more than usual, not related to other known causes or conditions such as		
asthma		
Shortness of breath	YES	NO
Continuous, unable to breathe deeply, not related to other known causes or conditions		
such as asthma		
Loss of sense of smell or taste	YES	NO
Not related to other known causes or conditions like allergies or neurological disorders		

If the child answered "YES" to any symptom in question 1:

- The child is required to isolate for 10 days from onset of symptoms as per <u>CMOH Order 39-2021</u> OR receive a negative COVID-19 test and feel better before returning to activities
- Use the <u>AHS Online Assessment Tool</u> or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If the child answered "NO" to all of the symptoms in question 1, proceed to question 2.



Chills	YES
Without fever, not related to being outside in cold weather	
Sore throat/painful swallowing	YES
Not related to other known causes/conditions, such as seasonal allergies or reflux	
Runny nose/congestion	YES
Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	
Feeling unwell/fatigued	YES
Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	
Nausea, vomiting and/or diarrhea	YES
Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	
Unexplained loss of appetite	YES
Not related to other known causes/conditions, such as anxiety or medication	
Muscle/joint aches	YES
Not related to other known causes/conditions, such as arthritis or injury	
Headache	YES
Not related to other known causes/conditions, such as tension-type headaches or chronic	
migraines	
Conjunctivitis (commonly known as pink eye)	YES

If the child answered "YES" to ONE symptom in question 2:

- · Keep your child home and monitor for 24 hours.
- If their symptom is improving after 24 hours, they can return to school and activities when they feel well
 enough to go. Testing is not necessary.
- If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the <u>AHS Online Assessment Tool</u> or call Health Link 811 to check if testing is recommended.

If the child answered "YES" to TWO OR MORE symptoms in question 2:

- Keep your child home.
- Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24
 hours since their symptoms started.

If the child answered "NO" to all questions:

Your child may attend school, childcare and/or other activities.

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.





Palliser School Division

Palliser Centre

#101, 3305 - 18 Avenue North, Lethbridge, AB 'T1H 5S1 Phone: 403-328-4111 'Toll-free: 877-667-1234

Fax: 403-380-6890 www.pallisersd.ab.ca

Dear Palliser Community,

September 30, 2021, will mark the first National Day for Truth and Reconciliation, a federal statutory holiday established "to recognize and commemorate the legacy of residential schools." In honour of this important day and with deep respect for the Indigenous communities who have long advocated to have the brutal legacy of residential schools recognized, the Palliser School Division will be observing this day as a non-operational day for the 2021-22 school year.

"Over the past few months the painful legacy of the residential school system has been felt across Canada. With that in mind, Palliser's executive team has made the decision to close classes and schools on September 30, says Dave Driscoll, Superintendent, Palliser School Division. "Moving forward, we will be looking for ways to honour this day by incorporating learning from our Indigenous leaders, Knowledge Keepers, Elders and artists in the classroom."

Palliser is committed to advancing Indigenous human rights through truth and reconciliation. As you may know, prior to this year, our staff have worked together to diligently promote awareness about the history and legacy of the Residential School system by observing Orange Shirt Day. Orange Shirt Day was designed to commemorate the residential school experience, to witness and honour the healing journey of survivors and their families, and to commit to the ongoing process of reconciliation.

It is imperative that we as a community bare witness to this legacy and to join in the collective efforts to rethink our understandings of, and attitudes toward, the Canadian past and present. At Palliser, we pride ourselves on living and learning in community: the National Day for Truth and Reconciliation offers us a chance to listen and learn from people in our communities whose experiences and knowledge must inform our way forward.

Media Contact:

Noorin Chatur-Muhammad Communications and Corporate Services Coordinator noorin chatur.muhammad@pallisersd.ab.ca (403) 328-4111 or 1-877-667-1234