

# Dorothy Dalglish School

[www.dorothydalglish.ca](http://www.dorothydalglish.ca)

January 2022

## Message from the Principal



Happy New Year! We are hoping all of you had relaxing breaks and time spent with family and friends. Staff here are very excited to resume in-person learning and look forward to seeing the smiling faces of your children! I would love to commend all students on their December "Winter Wonderland" performances and hope you enjoyed the recording. I would like to extend a special thank you to families and volunteers who made our turkey lunch possible. It was delicious!

January is always a quiet month and I love the continuous focus on learning in classrooms. Staff at Dorothy Dalglish will continue to focus on best numeracy practices and we will also provide opportunities to hear from Hali Heavyshield, an indigenous artist.

A friendly reminder to screen your child(ren) each morning for symptoms using the

[Alberta Health Daily Checklist](#)

and keep your child(ren) home when they are sick. The checklist was recently updated this past weekend. Thank you for your continued support in ensuring the safety of all in our school community.

Yours in learning,

Crystal McGregor



# January 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat



						1
2	3	4	5	6	7	8
AB GOVERNMENT SCHOOL CLOSURE—COVID19						
9	10	11	12 Return your Pink Shirt Order	13 Hot Lunch Sloppy Joes	14 Spirit Day Jersey Day Wear your favorite jersey	15
16	17 Indigenous Art Day Presentation	18	19	20	21 Kindergarten Friday Spirit Day DDS Blue Day Wear blue	22
23	24	25	26	27 Hot Lunch Subway meal	28 No School for Students PD Day	29
30	31	<b>WORD OF THE MONTH: COOPERATION</b> the actions of someone who is being helpful by doing what is wanted or asked for : common effort We are asking for your full cooperation.				

## COVID-19 INFORMATION

# COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

### Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada

If your child has received a message from Public Health indicating that they are a case<sup>4</sup> of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

### Screening Questions for Children under 18:

1.	<b>Has your child been a household contact of a case<sup>4</sup> of COVID-19 in the last 14 days?</b> <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.</i>	YES	NO
<b>If child answered "YES" AND they are NOT fully immunized<sup>5</sup>:</b> <ul style="list-style-type: none"><li>Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms</li></ul> <b>If child answered "YES" and they are fully immunized<sup>5</sup> proceed to question 2:</b> <b>If child answered "NO" to question 1, proceed to question 2</b>			
2.	<b>Does the child have any new onset (or worsening) of the following core symptoms:</b>		
	<b>Fever</b> Temperature of 38 degrees Celsius or higher	YES	NO
	<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	<b>Shortness of breath</b> Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<b>If the child answered "YES" to any symptom in question 2:</b> <ul style="list-style-type: none"><li>If the child is fully immunized<sup>5</sup> they are required to isolate for 5 days from onset of symptoms or until symptoms resolve<sup>3</sup> whichever is longer. They must wear a mask for up to 5 days after their isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) <b>OR</b></li><li>If they are NOT fully immunized<sup>5</sup>, they must isolate for 10 days from the onset of symptoms or until they resolve<sup>3</sup> whichever is longer <b>OR</b></li><li>Until symptoms resolve<sup>3</sup> if they receive a negative PCR COVID-19 test <b>OR</b></li><li>Until symptoms resolve<sup>3</sup> if they receive two negative rapid antigen tests, with at least 24 hours between tests</li></ul>			

<sup>3</sup> Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

<sup>4</sup> A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

<sup>5</sup> A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series



- They can use an [at-home rapid test if available](#) or the [AHS Online Assessment Tool](#) or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If the child answered "NO" to all of the symptoms in question 2, proceed to question 3.

3. Does the child have any new onset (or worsening) of the following other symptoms:		
<b>Chills</b> Without fever, not related to being outside in cold weather	YES	NO
<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
<b>Unexplained loss of appetite</b> Not related to other known causes/conditions, such as anxiety or medication	YES	NO
<b>Muscle/joint aches</b> Not related to other known causes/conditions, such as arthritis or injury	YES	NO
<b>Headache</b> Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
<b>Conjunctivitis</b> (commonly known as pink eye)	YES	NO

If the child answered "YES" to ONE symptom in question 3:

- Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid test](#). If the test is positive or negative see below for further instructions.
- If [at-home rapid testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid test](#) if available or the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered "YES" to TWO OR MORE symptoms in question 3:

- Keep your child home
- Use an [at-home rapid test](#) if available or use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.

For at-home rapid testing result instructions for those without symptoms:

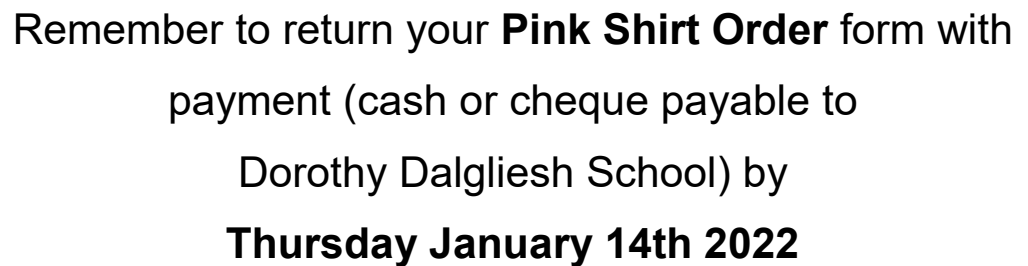
- If an [at-home rapid test](#) is done and is negative, they can return to school and activities as long as they remain asymptomatic.
- If [at-home rapid](#) test is positive, the child is required to isolate as outlined above for **question 2**.

If the child answered "NO" to all questions:

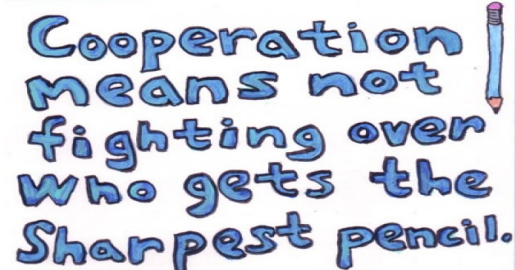
- Your child may attend school, childcare and/or other activities

**Please note:** If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative PCR COVID-19 test result or two negative rapid test results at least 24 hours apart **and** feel better.

Register at [www.girlguides.ca/joinnow](http://www.girlguides.ca/joinnow)



# Cooperation







**Office phone: 403-345-6009**

**Phone/text/WhatsApp : 403-915-3145**

**Email: [clclcoffice@gmail.com](mailto:clclcoffice@gmail.com)**

**Website: [communityclasses.ca](http://communityclasses.ca)**

**Visit: 2014 - 18 Street, Coaldale (located in the library)**

## **Emergency First Aid CPR A & AED**

In this one day course, students will learn to recognize and provide interventions for life threatening emergencies until medical aid arrives. Topics include: CPR and choking for adults, shock and unconsciousness, severe bleeding, head and spinal injuries, major medical conditions, and AED training and certification. Instructed by St. Johns Ambulance.

**Date: Saturday, March 19, 2022**

Time: 9:00 – 5:30 pm

Where: Coaldale Public Library

Fee: \$125

Register by: March 7



## **Join an English class!**

Shaughnessy  
Picture Butte  
Coaldale

Some classes offer childcare while you attend class.

**Call/text/WhatsApp : 403-915-3145**  
for more information.

## **Safe Food Handling Certificate**

Instructed by Alberta Health Services. This fast paced, one day course prepares participants for the exam and certification required by Section 31 of Alberta's Food Regulation. Participants will learn about food safety topics including microbes, foodborne illness, food preparation and storage, and cleaning and sanitizing. Participants complete a 50 question multiple choice exam at the end of the course, and if successful, will receive a certificate and be added to the provincial registry. This course provides the same certificate as the 2 Day Food Safety Alberta Certification course. A good understanding of written and spoken English is recommended.

**Date: Tuesday, April 26, 2022**

Time: 9:00 am - 5:30 pm

Where: Coaldale Public Library, 2014 - 18 Street, Coaldale

Fee: \$100

Register by: April 12

