



Dorothy Dalglish School

www.dorothydalglish.ca

December 2019

Message from the Principal



I cannot believe we are already almost 4 months into the school year – where does the time go?!?

December is always such a fun, but incredibly busy, month. With Christmas Concert practices almost daily (sneak peek – it's called *North Pole Diaries* and it's a treat!), Christmas crafts in the making, and trying to keep kids focused on school work while thoughts of Santa dance through their heads, it positively flies by like Santa's reindeer on Christmas night!

For many, Christmas is often viewed as the most magical time of the year. But while we prepare and shop and bake and shop and decorate and shop, please think about those for whom Christmas is not so magical. For some, Christmas is simply not something they observe. For some, Christmas is the most stressful time of the year, and not because they are finding it hard to get the millions of little tasks done that make Christmas Day perfect. Some people are alone at Christmas. Some people won't have warm clothes on Christmas, let alone a gift to open, or a meal to eat. For some, Christmas is a long break where they spend uninterrupted time in a situation that is uncomfortable, and sometimes even harmful.



While preparing for your happy Christmas, please talk to your kids about those less fortunate. Consider donating food to a food bank. Why don't you volunteer an afternoon serving food to the homeless? Encourage kids to donate gently used toys and donate to the local shelter or the YWCA's Harbour House. Consider a simplified Christmas list for your kids: something they want; something they need; something to wear; and something to read. Buy an old fashioned board game for the whole family to play. And if you know of anyone who could use a hand, let me know – I have contacts for resources to help.

Enjoy this wonderful season, however that looks. Find time for yourself and your loved ones.

Much love,

Ms. Rogerson